

notes from the field

Location: *Cob n, Guatemala*

Product Sourced: *Organic Cardamom*

The Story: *Our search for highest grade organic cardamom took us into the jungles of Guatemala. Although a seemingly unlikely place to find this traditional Indian spice, the tropical climate produces arguably the best cardamom in the world. We found a cooperative organization made up of 36 farms that supports 60,000 people, mostly indigenous Mayan. In addition to a living wage, the co-op provides free health care to the workers and their families.*

