

THE NEST

Fresh thinking.

Our own eco-expert, Danny Seo, shares some dreamy green tips.



GREEN TIP

Did you know laundry detergents sold in bulky bottles are often diluted with water? Slim down to a super-concentrated one, such as Method (\$8). It comes in lightweight bottles, and just a tiny amount will get your clothes super clean (www.methodhome.com and at Target stores nationwide).

Danny calls his way of living Simply Green. Learn more about his book, TV, and radio shows at www.dannyseo.com.

SWEETLY SCENTED SHEETS

Imagine sleeping on sheets that smell as if they've dried in a lavender field in Provence. It's easy! Fill a mister bottle with distilled water (available in drug stores) and add a few drops of lavender essential oil (\$16; www.aveda.com). Shake and mist over your sheets, then prepare to relax. You can also fill a travel-size bottle with the soothing mixture and scent your car and office.

BYE, BYE, BEIGE

Banish a blah bed! These pure organic cotton sheets from Anna Sova come in bright wake-up colors, such as turquoise, saffron-yellow, and raspberry. Reuse the fabric carrying case to pack shoes when traveling. Sheet sets range from \$120 to \$210; www.annasova.com.

