

Herb Companion

September, 2007

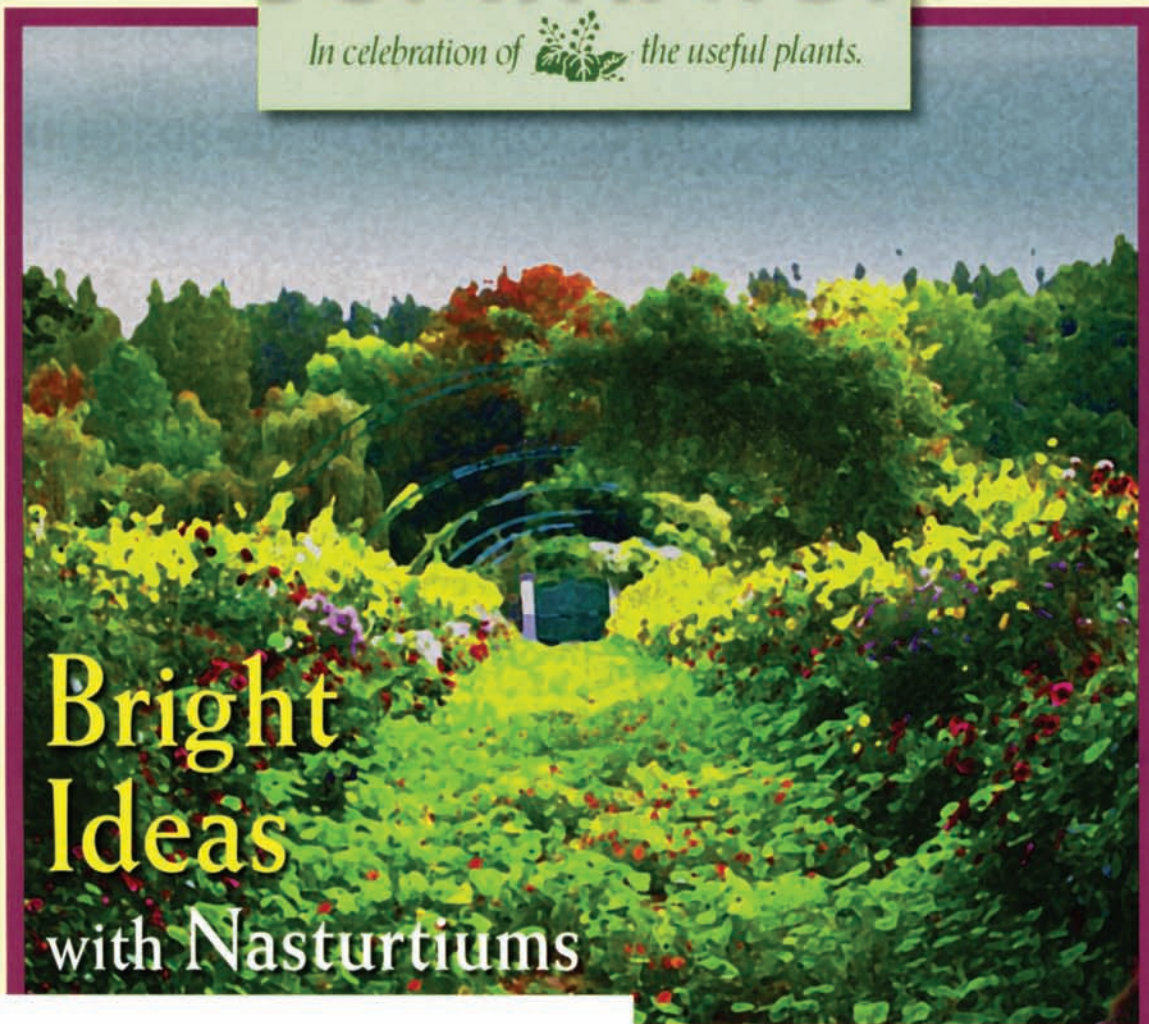
TAKE A LANDSCAPE LESSON FROM MONET

THE HERB
COMPANION®

SEPTEMBER 2007

VOL. 19, No. 6

In celebration of  the useful plants.

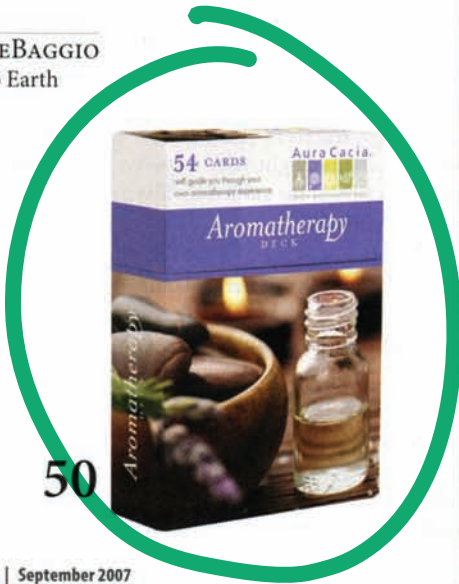


Bright
Ideas
with Nasturtiums

THE BEAUTY OF SAGE
HERBAL BURGERS
9 HEAVENLY VINES

Departments

- 4 SEIZE THE SEASON
Daybook
- 6 READER'S HERBAL CUTTING GARDEN
In Basket
- 7 AUTUMN ARUGULA
Green Patch
- 8 "MUST-SEE" PUBLIC HERB GARDENS
Here & There
- 13 MAKE FRAGRANCE ESSENTIAL
Body & Soul
- 18 WELCOME WINGED VISITORS
Garden Spaces
- 50 REFRESH AND RENEW
Product Spot
- 52 ANCIENT ROMAN HERBS
Herbs to Know
- 56 SEMINARS AND FESTIVALS
Calendar
- 58 ANCIENT HERBS
Book Review
- 64 TOM DEBAGGIO
Down to Earth



50



52



8



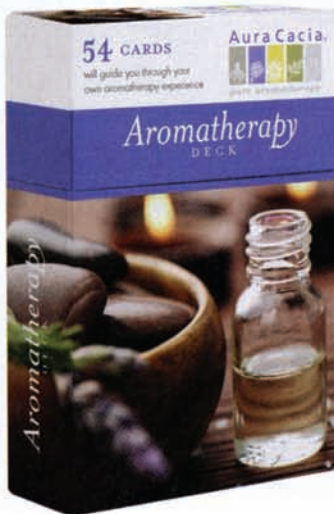
56

Learn from Dr. James Duke at the Intensive Seminar on Botanical Medicine, September 14-17.

Product Spot  REFRESH AND RENEW

Think Inside the Box

EXPAND YOUR HERBAL KNOWLEDGE with this 54-card **Aura Cacia Aromatherapy Deck**. For easy learning, cards are categorized into three topics: **Essentials, Benefits and Formulations**. The deck is packaged in a small and easy-to-store box. Contact Aura Cacia at (800) 437-3301; www.AuraCacia.com.



Change Your Oil

HEAD'S UP! See the difference olive oil can make on your hair with **Tact Beauty Care's Pure Olive Oil Shampoo**. This hair-care product combines olive extract with wheat proteins and vitamins to leave your hair shiny and silky. Contact Tact Beauty Care at (888) 240-5597; www.TactBeautyCare.com.



Shower Power

MOISTURIZE YOUR SKIN and invigorate your mind with **Regal Blossom Shower Gel**, made from pure aloe vera and yerba maté. Rich in antioxidants, vitamins and minerals, this fragrant new gel by **Save Your World** gives shower time an herbal boost. Contact Save Your World at (877) 279-9669; www.SaveYourWorld.com.



Daily Doses Made Easy

ORGANIZE YOUR SUPPLEMENTS with this revolutionary service by **Vuru**. Vitamin Concierge offers the best mix of supplements for your specific needs, then organizes your doses in convenient daily packs. Try one of their pack ideas or create your own. Contact Vuru at (877) 438-8878; www.Vuru.com.

