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THE
MAKEOVER
ISSUE

GO-TO GIRL

Anything You Want Is
Yours For The Asking

LINE IN THE SAND

The Magic Of La Samanna

THE WRITE STUFF

What Does Brooke Shields
Know That You Don't?

SUMMER
FASHION
BACK TO
THE CLASSICS





Body of Work



Photo: Academy Of Dance Arts

REACH FOR IT

A career with the New York City Ballet may no longer be in the stars, but several highly regarded New Jersey schools—including the **ACADEMY OF DANCE ARTS** in Red Bank—offer adult classes where you can tap, tango or tour en fait your way to better health.

BOWL GAME

If you're a "Nothing but the Best" kind of family, naturally you'll want to include your pets in the picture. **DR. HARVEY'S** Natural Dog and Cat Food is super-nutritious, free of contaminants, and made with love.

Available at *Cosmopolitan* (732) 275-1905 and *Dean's Natural Market* (732) 842-8686, or log onto www.drharveys.com



Photo: Dr. Harvey's

ENLIGHTEN YOUR LOAD

The New York **OPEN CENTER** fortifies the mind, body and spirit by embracing holistic thoughts and practices. A day at the center—located on Spring Street in SoHo—will put you on a new path.

Call (212) 219-2527 or log onto www.opencenter.org



Photo: Open Center



Photo: Aura Cacia

OIL'S WELL THAT ENDS WELL

The uplifting and inspiring floral fragrance of bergamot not only relieves anxiety, but actually inhibits mold and removes odors. **AURA CACIA** Essential Oils offers cold-pressed bergamot oil from the peel of the nearly ripe fruit.

Available at *Whole Foods Market* (732) 758-1688 or log onto www.auracacia.com

COMING UP ROSES

The Moroccan Rose Gift Set from **RED FLOWER** includes softly scented body wash, lotion and a petal-topped candle.

Log onto www.redflower.com



Photo: Red Flower