

Aura Cacia®



pure essential oils



Lavender & Geranium PROTECTING BODY OIL

Besides discouraging insects, this body oil is nourishing and soothing. Appropriate for all skin types.

Ingredients:

6 drops Aura Cacia® Lavender essential oil

6 drops Aura Cacia® Geranium essential oil

1 ounce Aura Cacia® Grapeseed oil

Directions: Combine essential oils with grapeseed oil and smooth over exposed skin.

Benefits: Protecting

PLANT PART USED

flowers and leaves

SOURCE

Ukraine

AROMA PROFILE

sweet, floral, clean,
balsamic-woody

AROMATHERAPY BENEFITS

balancing, calming, soothing



Lavender

LAVANDULA ANGUSTIFOLIA

Lavender is one of the best essential oils for creating aromatherapy blends. It goes well with potent floral oils—like rose absolute—as well as powerfully herbaceous ones like rosemary. Lavender is a gentle oil that can be applied to the skin and is applicable to a wide range of mental and physical conditions. Easy to use in blends and moderately priced, lavender is especially useful for the beginning aromatherapist.

For more information and recipes for every season visit www.auracacia.com

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