

Aura Cacia®



pure aromatherapy



FIZZING JASMINE BATH BREW

INGREDIENTS:

- 3 tablespoons baking soda
- 3 teaspoons sea salt (table grind)
- 2 tablespoons citric acid granules or crushed Vitamin C tablets
- 1 cup fresh white rose petals
- 10 drops sweet orange essential oil
- 15 drops sandalwood essential oil
- 3 drops jasmine absolute

DIRECTIONS:

Combine dry ingredients and sprinkle mix with essential oils. Add all ingredients to a tub of very warm water.

OPTIONS:

Enhance this luxurious bath brew with a cup of whole milk or a tablespoon of skin-nourishing jojoba oil. Add a natural, unscented bubble bath if desired.

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