

Aura Cacia®



pure aromatherapy



SKIN REVIVING BODY SCRUB

INGREDIENTS:

- 1 cup raw, unrefined sugar granules
- ¼ cup sweet almond oil
- 30 drops grapefruit essential oil
- 27 drops ginger essential oil
- 3 drops rose otto essential oil or rose absolute essential oil

DIRECTIONS:

- Mix ingredients in a bowl. Gently buff over skin in circular motions.
- Rinse off in shower.

For more recipes visit www.auracacia.com