

# OUTDOOR SOLUTION



**Aura Cacia.**  
pure aromatherapy

## PROTECTING PATIO SPRAY

It just doesn't seem right to ruin the fresh outdoors with chemical-laden repellents. Try this natural alternative instead.

**Ingredients:**  
4 ounces distilled water  
1 teaspoon grain alcohol or high-proof vodka  
15 drops Aura Cacia® citronella essential oil  
5 drops Aura Cacia® grapefruit essential oil  
5 drops Aura Cacia® Texas cedarwood


**Directions:** Place alcohol in a spray-mister bottle. Add the essential oils and shake. Add water, cap and mist the atmosphere around your outdoor activities. Always shake well before use.

**PLANT PART USED**  
leaves

**SOURCE**  
Indonesia

**AROMA PROFILE**  
fresh, sweet-lemony, grassy

**AROMATHERAPY BENEFITS**  
purifying, vitalizing



## Citronella

*Cymbopogon winterianus*

There are two types of citronella: the Java type and the Ceylon type. The oils produced from the two types of grasses vary somewhat in composition, aroma and flavor. The odor of Ceylon citronella is fresh, grassy and warm-woody. It is preferred for scenting outdoor sprays, room sprays and household products. Java oil has a sweeter, more floral aroma which is preferred in perfumery.

For more information and recipes for every season visit [www.auracacia.com](http://www.auracacia.com)

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